

**FOR IMMEDIATE RELEASE**

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**BOWERS  
MUSEUM**

## ***2023 Shaolin Cultural Day: A Rare Cultural Extravaganza in Orange County***



**Orange County, CA - May 25, 2023** - Bowers Museum is thrilled to announce the upcoming 2023 Shaolin Cultural Day, a remarkable event that promises to be a rare cultural extravaganza for the Orange County community. Taking place on Sunday, May 28, 2023, from 10 AM to 4 PM, this event will be held at John Lee Court & Key Courtyard as part of the museum's Cultural Day celebration.

The highlight of the Shaolin Cultural Day will be a captivating kung fu demonstration by the esteemed Shaolin warrior monk. Witness the incredible skill and discipline of these legendary martial artists as they showcase their breathtaking moves and techniques. This mesmerizing display will leave audiences in awe of their physical prowess and spiritual dedication. In addition to the kung fu demonstration, attendees will have the opportunity to gain a deeper understanding of Shaolin history through an engaging presentation. Explore the rich heritage and cultural significance of the Shaolin tradition as experts share fascinating insights and anecdotes.

The Shaolin Cultural Day will also feature a series of demonstrations on Zen arts, allowing patrons to immerse themselves in the world of Zen Buddhism. Experience the elegance of a traditional tea ceremony, learn the art of incense-making, and indulge in the harmonious melodies of Zen music. Participants will also have the chance to learn basic meditation techniques and practice Buddhist well-being under the guidance of experienced Zen masters.

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This event offers a unique opportunity for the OC community to actively engage with Shaolin culture and gain firsthand experience in various Shaolin activities. Whether it's learning from kung fu masters, exploring Zen arts, or enjoying interactive Shaolin activities, attendees are sure to be enthralled by the breadth and depth of this cultural celebration.

The 2023 Shaolin Cultural Day serves as a fitting finale to the 2023 AAPI Heritage Month, providing a platform to honor and appreciate the contributions of the Asian American and Pacific Islander community. It's a chance to celebrate diversity, foster cultural understanding, and create lasting memories.

This ticketed event is free with General Admission to Bowers Museum, offering visitors the opportunity to explore the museum's exceptional exhibitions and collections in addition to participating in the Shaolin Cultural Day activities. Don't miss out on this extraordinary cultural event! Join us on Sunday, May 28, 2023, at John Lee Court & Key Courtyard for the 2023 Shaolin Cultural Day. For more information and ticket reservations, please visit Bowers Museum's official website at [www.bowersmuseum.org](http://www.bowersmuseum.org).

This event is co-hosted by Bowers Museum, Shaolin Temple Cultural Center USA, and Sino US Performing Arts Organization, with generous support from South Coast Plaza and Rachel Liu.

### **About Bowers Museum**

Bowers Museum is a premier cultural institution located in Orange County, California. Dedicated to celebrating art, history, and culture from around the world, Bowers Museum offers captivating exhibitions, educational programs, and community outreach initiatives. With its commitment to promoting cross-cultural understanding and appreciation, Bowers Museum serves as a vibrant hub of creativity, learning, and inspiration. Bowers Museum, bringing the world to you.

### **About Shaolin Temple Cultural Center U.S.A**

Shaolin Temple Cultural Center U.S.A is driven by a mission to enrich lives through the timeless arts of the Shaolin Temple. With a rich history spanning over 1,500 years, they offer a holistic approach to living that empowers individuals.

Their dedicated center in Los Angeles is committed to sharing the authentic practices of Shaolin Kungfu and Health Qi Gong, deeply rooted in Shaolin culture. They take pride in providing diverse programs suitable for students of all ages. They are delighted to extend their class program to the vibrant communities of Temple City, Arcadia, San Gabriel, and the surrounding areas of Pasadena and Los Angeles. Join them as they embark on a transformative journey together!

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### **About SINO US Performing Arts Organization**

Founded in 2012, Sino US Performing Arts Organization (SINOUS) is a 501(C)(3) non-profit organization dedicated to promoting and preserving traditional Asian, especially Chinese, art and cultures. It serves audiences with diverse backgrounds and bridges intercultural understanding through art education, performances, and cultural events, in partnership with academic, cultural, and community organizations.

SINOUS' signature programs include An Evening of Chinese Splendor, Sino Cultural Day, C Dream, Under the Same Moon, and SINOUSARTS@COMMUNITY. With its rich resources and member network, SINOUS connects people through arts and contributes to the nation's cultural diversity.

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